



PATIENT INFORMATION LEAFLET

ONLINE RESOURCES TO KEEP
YOU NOURISHED AND HELP
MANAGE YOUR SYMPTOMS

Nutritional Resources for Oncology Patients



How to contact the Dieticians?

021 4941930

HSE malnutrition information and resources

Nutrition Supports: [here](#)

Making the Most of Every Bite- Diet Sheet

How to use Oral Nutrition Supplements: for people who have been prescribed oral nutritional supplements

When illness reduces your appetite – for people in late stages of palliative care

Information on Malnutrition

Making the Most of Every Bite: This is a recipe book that may give you some ideas.

Remember they may need to be modified to be gluten free. 222-page full colour cookbook, developed by dietitians UCC & HSE



Coping with cancer side-effects

Cookbooks for general , upper gi , and pancreatic cancers also cancer survivorship book

Irish Cancer Society Resources and Publications – Download or Order a Hard Copy

Cancer resources and publications | Irish Cancer Society

Cancer Types Booklets and Factsheets



Oral Nutritional Supplements – some recipes you may find handy

Recipes

