



BON SECOURS HOSPITAL
TRALEE

Cosmetic and Hair Restoration Clinic

INTENSE PULSED LIGHT (IPL) PHOTOREJUVENATION/ ACNE (AC) DUAL TREATMENT

What to expect post treatment...

Straight after your treatment, your skin will have a slightly red appearance.

You may instantly be able to notice some changes in your skin such as pigmented and vascular lesions becoming darker in colour. These changes in your skin may become more prominent the following day's post treatment.

These post treatment results are normal and generally fade away in the day's following your IPL Photo rejuvenation or AC Dual acne treatment.

Follow the post treatment after care instructions overleaf to optimise your treatment results: brighter, clearer and more youthful complexion.

24 hours post treatment, the redness in your skin will have reduced and you can apply make-up.

3-7 days post Photorejuvenation treatment, You may notice the following changes in your skin post-treatment. These treatment results generally fade away 3-7 days post treatment.

Pigmented Lesions:

- Darkening/browning of the pigment
- Purplish or black tint to the pigment
- Pigment may crust and flake off in the day's following your treatment

Vascular Lesions:

- Blanching of the vessel
- Vessel may darken or change colour (gray, purple or black)

5-10 days post ACNE (AC) Dual treatment:

You may notice the following changes in your skin post-treatment. These treatment results generally fade away 5-10 days post treatment.

- Lesions may deepen in colour
- Lesions may blanch
- Cystic acne may become tender
- Acne scars may become red and swell



If you have any questions, please email our
Aesthetic Practitioners via
chrc@bonsecours.ie



INTENSE PULSED LIGHT (IPL) PHOTOREJUVENATION/ ACNE (AC) DUAL TREATMENT

Thank you for choosing the Cosmetic and Hair Restoration Clinic (CHRC) at the Bon Secours Hospital Tralee for your Intense Pulsed Light IPL treatment.

Please follow the after care instructions below to optimise your treatment's results:

24 HOURS POST TREATMENT

Goal: Be gentle with your skin.

- You should wait until after 24 hours to apply make-up. However, you can apply moisturiser and SPF sun protection within 24 hours after your treatment.

48 HOURS POST TREATMENT

Goal: Try not to create anymore heat under the skin.

- You should avoid any hot showers/baths or swimming for 48hours.
- No intense exercise (avoid any activities which will cause you to sweat).
- Try to stay out the sun and wear SPF sun protection everyday. Wearing SPF sun protection throughout the course of your treatment will ensure the best treatment outcome.

3-10 DAYS POST TREATMENT

Goal: Allow your skin to heal

- In the day's following your IPL Photo rejuvenation or AC Dual acne treatment, you may notice some changes in the appearance (see overleaf) of your skin. Try to not to touch or pick at your skin and allow any pigmented or vascular lesions to crust and flake off naturally.
- You can expect to see improvements in the skin around 14 days post treatment

