

PI 254

# Colonoscopy/ Gastroscopy

Information for GLP-1  
weight loss patients only

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Joint Advisory Group  
on GI Endoscopy



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Advanced Medicine Exceptional Care

**This information has been prepared for patients who are undergoing colonoscopy or gastroscopy and are taking the following GLP-1 medications for weight loss. This information does not apply to you if you are taking these medications for diabetes.**

- **Saxenda (Liraglutide)**
- **Ozempic/Wegovy (Semaglutide)**
- **Mounjaro (Tirzepatide)**

As you are taking one of the above weight-loss medications, which can slow the movement of food through your gut, please follow the instructions below.

### **Medication timing**

- If you take your medication once a week, please do not take it for 1 week before your procedure.

- If you take your medication daily, please do not take it the day before and the day of your procedure.

### **Procedure-specific guidance**

- **Gastroscopy** (scope into the stomach): We recommend you have a liquid diet for 24 hours before your procedure, in addition to the fasting period advised in the information supplied.
- **Colonoscopy** (scope into the bowel): follow the Moviprep (Extended Prep) dietary guidance and have a liquid diet for 24 hours before your procedure, in addition to the fasting period advised in the information supplied.

