



BON SECOURS HOSPITAL GALWAY
Bon Secours Health System

In Partnership with your Consultant, Our Aim is to Treat your Pelvic Floor Dysfunction in order to Improve your Quality of Life

PHYSIOTHERAPY FOR PELVIC PAIN AND CONTINENCE

TO MAKE AN APPOINTMENT

- **CONTACT US DIRECTLY**
- **ASK YOUR GP OR CONSULTANT TO REFER YOU**

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT:

CONTACT INFORMATION

Physiotherapy Department

Bon Secours Hospital,
Dublin Road,
Renmore,
Galway

Phone: 091- 381932

Fax: 091 -381934

E-mail: bsgphysio@bonsecours.ie



BON SECOURS HOSPITAL GALWAY
Bon Secours Health System

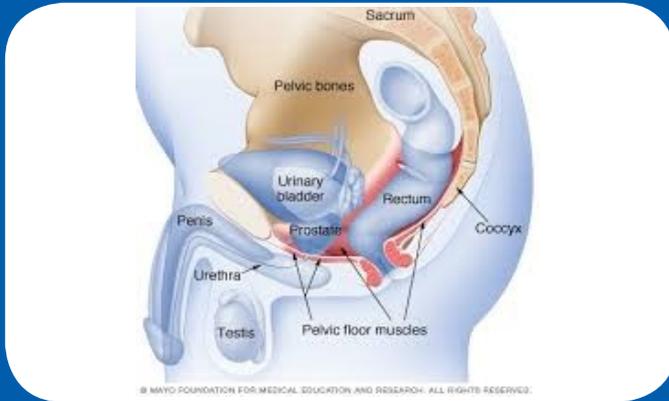


PHYSIOTHERAPY FOR PELVIC PAIN AND CONTINENCE

Advanced Medicine Exceptional Care

Bon Secours Hospital, Renmore, Galway.

Tel: 091 381 900 Email: info@galway.bonsecours.ie



Some of Men's Common Problems:

- Urinary Incontinence
- Faecal Incontinence
- Overactive bladder
- Pelvic Pain
- Prostatectomy
- Erectile Dysfunction
- Pelvic Floor Weakness
- Pudendal Neuralgia
- Bowel Dysfunction

Physiotherapy can help to...

- Reduce pain
- Improve bladder control
- Improve bowel function
- Improve pelvic floor strength and control
- Restore quality of life

Causes of Pelvic Floor Problems in Men

- After prostate surgery
- Prostatitis
- Cyclists - pudendal neuralgia
- Sedentary office worker

What do we do to help you?

- Full assessment of pelvic floor function
- Bladder and bowel training / education
- Pelvic floor strength / relaxation training
- Trigger point therapy / Dry needling for pain
- Muscle stimulation
- Lifestyle and exercise advice

Within the Physiotherapy Department we have 3 highly skilled Chartered Physiotherapists who will discuss your treatment plan with you and liaise with your Consultant as appropriate.



BON SECOURS HOSPITAL GALWAY
Bon Secours Health System