

For more information see

Irish Hospice Foundation
www.hospicefoundation.ie

All Ireland Institute of Hospice and Palliative Care
www.aiihpc.ie

The Palliative Hub
www.thepalliativehub.com

St Francis Hospice
www.Sfh.ie

www.blanchardstownhospice.ie

Irish Cancer Society
www.cancer.ie

Contact

Palliative Care Office
Monday, Tuesday, Thursday 08.00 - 17.00
Tel: 01 808 2332 (direct)
or 01 837 5111 - bleep 5330



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Advanced Medicine Exceptional Care

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SPECIALIST PALLIATIVE CARE

INFORMATION FOR PATIENTS & CARERS



BON SECOURS HOSPITAL DUBLIN
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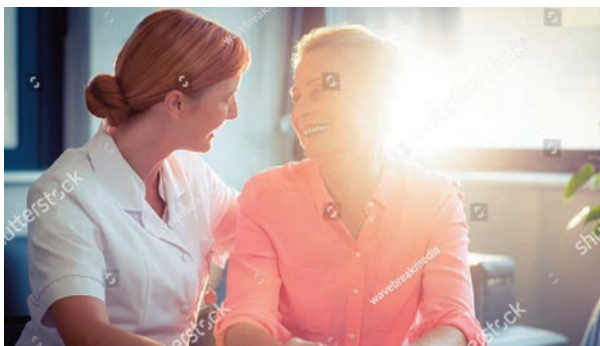
What is Specialist Palliative Care?

Palliative Care is an approach to care that focuses on helping you to live well with an illness which is life-limiting. The aim is to maximise a person's quality of life by treating and relieving the symptoms and side effects of their illness combined with supporting them and their family practically and emotionally.

Who needs Specialist Palliative Care?

Anyone living with an incurable illness may benefit from palliative care. For example people with all types of cancer, heart disease, advanced respiratory disease, dementia or those at the end stage of progressive neurological disease. Patients may especially benefit from symptom management during active treatments i.e chemotherapy and radiotherapy. Palliative care is also important at end of life in maximising comfort and quality of life.

Not everyone who would benefit from specialist palliative care is about to die, some people live with their condition for a long time and have extended periods of wellness. People can move in and out of needing palliative care services as their needs change.



The Palliative Care Team

The team consists of a consultant in palliative medicine and a clinical nurse specialist. Our role is in an advisory capacity and our involvement is based on a holistic assessment of your needs and support for your family.

What do we do?

We work closely with your medical team and other healthcare professionals responsible for your care. We help to manage your symptoms and ensure you are as comfortable as possible. On referral we may see you as an inpatient on the wards or in day oncology ward. We also liaise with GP's, public health nurses, community palliative care and hospice teams.

How we can help you

We aim to:

- Offer you advice about managing pain and other physical symptoms e.g nausea, vomiting, shortness of breath and constipation.
- Provide you and your family with psychological, emotional, social and spiritual support.
- Offer practical suggestions to help you do things that are important to you.
- Offer guidance to your team, in planning for your discharge from hospital, accessing services at home or hospice care.
- Help you to plan your future care.
- Provision of end of life care.

End of life care

End of life care is a continuum of palliative care. The Bon Secours Hospital, in keeping with its mission and values provides comprehensive integrated care at the end of life.

Supporting patients at the end of their lives is an important part of our service. The goal is to ensure the patient is comfortable - physically, emotionally and spiritually, so that their end of life is peaceful and dignified and support the family in their bereavement.

How can I or my family be referred?

- You can be referred by your admitting consultant to us during your inpatient stay in the Bon Secours Hospital Dublin.
- Through the day oncology service
- By GP referral to your community palliative care services.

